**Lena Wiklund Gustin**

**Brief Bio**

I am a professor in caring science at Mälardalen University. At MDH I have educated students in Caring Science in courses on basic-, advanced- and doctoral levels. My research as well as my teaching is mainly within mental health and psychiatric nursing and qualitative research methods.

Together with my colleague Professor Margareta Asp I am responsible for the research group, [Care, Recovery and Health](https://www.mdh.se/en/malardalen-university/research/research-areas/care-recovery-and-health). My main research interest is in Caring Science with a focus on psychiatric care, but I am also engaged in research that involves various aspects of compassion for both self and others, as well as research that addresses different aspects of students’ learning.

My background is as a registered nurse with specialist training in psychiatric nursing. I am also a licensed psychotherapist in Cognitive and Behavioural Therapy (CBT), and clinical supervisor for nursing staff and cognitive psychotherapists. Furthermore, I have written and been an editor of several textbooks in caring science.

In addition, I am also employed as a professor at UiT/[The Arctic University of Norway](https://uit.no/ansatte/person?p_document_id=445146)

**lena.wiklund@mdh.se**